

EVALUATION FORM

Name _____ Day of evaluation _____

For each area of functioning listed below, check description that applies. (The word "assistance" means supervision, direction, or personal assistance).

Bathing — either sponge bath; tub bath, or shower.

Receives no assistance (gets in and out of tub by self if tub is usual means of bathing)

Receives assistance in bathing only one part of the body (such as back or a leg)

Receives assistance in bathing more than one part of the body (or not bathed)

Dressing — gets clothes from closets and drawers - including underclothes, outer garments and using fasteners (including braces if worn)

Gets clothes and gets completely dressed without assistance

Gets clothes and gets dressed without assistance except for assistance in tying shoes

Receives assistance in getting clothes or in getting dressed, or stays partly or completely undressed

Toileting — going to the "toilet room" for bowel and urine elimination; cleaning self after elimination, and arranging clothes

Goes to "toilet room", cleans self, and arranges clothes without assistance (may use object for support such as cane, walker, or wheelchair and may manage night bedpan or commode, emptying same in morning)

Receives assistance in going to "toilet room" or in cleansing self or in arranging clothes after elimination or in use of night bedpan or commode

Doesn't go to room termed "toilet" for the elimination process

Transfer

Moves in and out of bed as well as in and out of chair without assistance (may be using object for support such as cane or walker)

Moves in and out of bed or chair with assistance

Doesn't get out of bed

Continence

Controls urination and bowel movement completely by self

Has occasional "accidents"

Supervision helps keep urine or bowel control; catheter is used, or is incontinent

Feeding

Feeds self without assistance

Feeds self except for getting assistance in cutting meat or buttering bread

Receives assistance in feeding or is fed partly or completely by using tubes or intravenous fluids

SOURCE : Katz (S.), Downs (T.D.), Cash (H.R.), Grotz (R.C.), *Gerontologist*, 1970, I, 20-30.
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