

## GAIT

Instructions: Subject stands with examiner. Walks down hallway or across room, first at his/her "usual" pace, then back at "rapid, but safe" pace (using usual walking aid such as cane, walker).

10. Initiation of gait (immediately after told to "go")
- any hesitancy or multiple attempts to start = 0
  - no hesitancy = 1
11. Step length and height
- a. Right swing foot
    - does not pass left stance foot with step = 0
    - passes left stance foot = 1
    - right foot does not clear floor completely with step = 0
    - right foot completely clears floor = 1
  - b. Left swing foot
    - does not pass right stance foot with step = 0
    - passes right stance foot = 1
    - left foot does not clear floor completely with step = 0
    - left foot completely clears floor = 1
12. Step symmetry
- right and left step length not equal (estimate) = 0
  - right and left step appear equal = 1
13. Step continuity
- stopping or discontinuity between steps = 0
  - steps appear continuous = 1
14. Path (estimated in relation to floor tiles, 12 inch diameter.  
Observe excursion of one foot over about 10 feet of course).
- marked deviation = 0
  - mild/moderate deviation or uses walking aid = 1
  - straight without walking aid = 2
15. Trunk
- marked sway or uses walking aid = 0
  - no sway but flexion of knees or back or spreads arms out while walking = 1
  - no sway, no flexion, no use of arms and no walking aid = 2
16. Walk stance
- heels apart = 0
  - heels almost touching while walking = 1

GAIT SCORE: \_\_\_\_\_ /12

TOTAL SCORE: \_\_\_\_\_ /28